

Sickness at Nursery and Home Policy

Nursery:

We will endeavour to keep your child in nursery however should a child become unwell during their session at nursery, we will contact the parents to come and collect them for example a child who is running a temperature (fever 37.5c or 100f), has been sick or had two bouts of diarrhoea, unexplained rashes or spots, or any other contagious illnesses.

If your child is feeling unwell during their nursery session, we will offer the child reassurance and comfort.

Please see below for a guide on how long a child must stay off when they have an illness.

All staff must follow the procedures below.

- Senior staff member on duty is informed and will contact the parents and inform them of the incident/illness.
- If we are unable to contact parents/guardian we will then contact your child's emergency contact to collect your child.
- Member of staff to sit with child in the quiet area.
- If a child is vomiting, staff to use sick bucket/cool flannel to keep temperature down. And must stay off from the setting for at least 48 hours from the last bout of diarrhoea or sickness.
- In the event of a notifiable disease being identified, a senior staff member will liaise with the **Department Of Health:**

1. UKHSA Hampshire and Isle of Wight Health Protection Team (South East)

Fareham Borough Council Civic Offices, Civic Way,
Fareham,
PO16 7AZ
ICC.HIOW@phe.gov.uk Phone: [0344 225 3861](tel:03442253861)

Out of hours for health professionals only: please phone 0844 9670082. Never send personally identifiable information (PII) in the subject line of an email. Encrypt any PII you send by email. If you are using an NHS.net address, email phe.hiow@nhs.net

- **and Ofsted 0300 123 1231** and pass on any relevant information and advise staff and parents in the nursery that there has been a case of a notifiable illness in the setting.



Little Learners Day Care

"Educating little learners in Portsmouth"

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Home:

If your child is feeling unwell, has a temperature, sickness etc. They will be feeling quite low and unhappy. Due to this it would be in your child's best interest to be at home. If your child is fine within themselves then we will be more than happy to accept them into the nursery if they do not have an illness that is contagious. .

In such circumstances it is our policy that:

- You are requested to report all absences due to sickness to Little Learners before your child is due to attend: please phone 02392 756104 or by reporting it on the parent admin app.
- Please use the following guidelines before bringing your child back to nursery as all children must be fit and well before returning to nursery if this is not the case you will be contacted to collect your child.
- If your child has a fever higher than 38c we will not accept your child into nursery (a child's normal temperature is 37c)
- If a child has been suffering from **sickness (Vomiting)** or **Diarrhoea** you must give at least **48 HOURS** from the last bout of diarrhoea or vomiting before returning to nursery, should your child return to nursery and starts to vomit or has diarrhoea then we will contact you to collect your child.
- If your child needs medication all parents/guardians must fill out a medication form this is an online form on Nursery in a Box. We will only administer prescribed medicine.
- Parents must administer the prescribed medicine first and must be in the child's system for at least 24 hours before returning to nursery, this is in case there is an allergic reaction or side effects take place.
- The nursery will follow guidelines issued by the public health department and use our own discretion when implementing exclusion periods for sick children
- **Colds and Flu:** The child should have a normal temperature and feel fit and healthy
- **Conjunctivitis:** Cream or drops must have been received from the doctor/pharmacy and treatment should have commenced. Eyes should not have any discharge from them (usually 48 hours)
- **Chicken Pox:** All spots must be completely scabbed over (usually 5 days incubation period)
- **Impetigo:** Medical advice must have been sought and sores must not be weeping and be covered over
- **Hand, Foot and Mouth:** Sores should not be weeping, and the child can return when they are all scabbed or healed, usually up to 5 days from onset of spots.
- **Measles:** before returning the rash must be gone and child should be back to their normal selves.
- Unknown rashes medical advice should be sought
- **Broken limbs / Stitches:** According to medical advice and based on the individual child this will be discussed with parents and a risk assessment will be written.
- **Head Lice:** parents will be asked to collect their child as soon as possible to treat the head lice once treatment has commenced then the child will be welcomed back to finish their session. Head lice must be treated with the appropriate solutions and combs.

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- **Coronavirus:** Children who have symptoms or a high temperature must stay off until they are well enough to be in the setting, may attend when temperature has gone.
- **Scarlet Fever:** Children must stay away from nursery for at least 24 hours after taking the first dose of antibiotics. Please report to the setting if your child contracts scarlet fever, as it is a notifiable illness.

By following these guidelines, you are helping to prevent any outbreaks and cross infection.

NHS 111: 111

Department of Health: 020 7210 4850

(Office opening hours 08:30-17:30 Mon-Fri)

This sickness at nursery policy was reviewed by Vicky George Manager January 2025 *V.George*

Proofed By Elaine Burnett Managing Director

Next review: January 2026