

Meals And Nutrition

Breakfast:

Breakfast is served between 8.0am - 8.30am

The children have a choice of toast, yogurt, crumpets and cereal.

Snacks:

In the bunnies and hedgehog room the children have snack time within there group.

In the squirrels room they have a snack bar where the children can independently have a snack during free play.

All the rooms have a variety of snacks they have fruit, toast, crackers, carrots, yogurt we provide the children with nutritious snacks.

All rooms have milk and water.

Lunchtime:

Lunch is served between 11.45pm - 12.30pm

The children have a two course homemade hot meal and dessert.

Teatime:

Tea is served between 5.00pm-5.45pm

Monday to Thursday the children have a two course homemade hot meal and dessert

Fridays they have a cold tea which consists of chicken and sweetcorn slice, pasties, selection of sandwiches.

Our lunch and tea is provided by [Slice of Pie](#) food which they deliver at lunch time and tea time

We have an allergy/intolerance list in all the rooms all the children and staff who have an allergy/intolerance are on the lists, please inform one of the little learners team if your child has an allergy or intolerance.

We are a nut free zone.

You can download a sample menu [here](#)